

## Herbs for North Florida




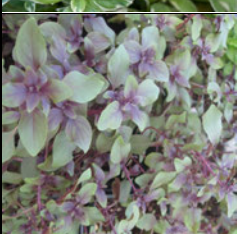


IMAGE	NAME	CARE & USE	HEIGHT (INCHES)	SHADE TOLERANCE	HEAT TOLERANCE	SPACING IN INCHES
	Basil African Blue / <i>Ocimum</i> x 'Kasar'	Tender upright perennial. Prefers regular watering, warm temperatures and full sun but can take light shade. Hardier than most other basil and seems to be more resistant to heat, humidity and drought. Use in tomato and seafood dishes, salads, and cocktails, and use the flowers as garnish. Best used when fresh. Harvest leaves regularly to encourage branching and prevent flowering. Attracts bees.	36"	+	+	24"
	Basil Greek Columnar / <i>Ocimum</i> X <i>citriodorum</i> 'Lesbos'	Upright annual. Prefers somewhat moist soil and full sun. Poor cold tolerance. It has a sweet but bold flavor. Use for stews and other meat dishes. Harvest leaves at any time and harvest regularly to encourage branching and prevent flowering.	8-14"		+	10-12"
	Basil Pesto Perpetuo / <i>Ocimum</i> x 'Pesto Perpetuo'	Upright annual. It's lack of flowering promotes better culinary use of leaves. The leaves are also ornamental. Prefers somewhat moist soil and full sun. Poor cold tolerance. Its leaves have a hint of lemon. Use for pesto. Harvest leaves at any time; harvest regularly to encourage branching.	14-18"		+	10-12"
	Basil Purple Dwarf / <i>Ocimum basilicum</i>	Compact annual with pink flowers and foliage that stays dark purple. Prefers somewhat moist soil and full sun. Poor cold tolerance. The spicy leaves work well in a variety of dishes, including tomato dishes. Turns herb vinegars and oils a shade of purple. Harvest the leaves at any time; harvest regularly to encourage branching and prevent flowering.	9"		+	10-12"
	Catnip / <i>Nepeta cataria</i>	Vigorous upright mounding perennial. Flowers are small but showy and fragrant and are whitish with purple dots. Tolerant of most soil types, but provide ample moisture. Full sun. Induces euphoria in cats. Use as a relaxing tea. Harvest leaves at any time. Closely related to the similar catmint, <i>Nepeta faassenii</i> .	18-36" up to 60"			12"
	Curry Dwarf / <i>Helichrysum italicum microphyllum</i>	Perennial. The tiny bright yellow flowers are pretty against gray foliage. Fuzzy leaves are deer resistant. Prefers fertile, moist, well-drained soil but can be drought tolerant. Full sun to part shade. Cannot tolerate a hard frost. The aroma is similar to curry but without the taste, so it is not used in cooking. Use among woollens to repel moths, or in potpourri.	10"	+	+	10"








IMAGE	NAME	CARE & USE	HEIGHT (INCHES)	SHADE TOLERANCE	HEAT TOLERANCE	SPACING IN INCHES
	Lavender Grosso / <i>Lavandula x intermedia</i> 'Grosso'	Perennial. Needs full sun and loose, slightly alkaline, well draining soil. Space well for good air circulation. Avoid overwatering. With excessive rain, lavenders can be covered by a roomy bucket or similar, propped for air circulation. Uncover after rain. Great ornamental value particularly when massed; also use as edger or low hedge. Minimal culinary use. Used mostly for scent. Attractive to bees. Drought tolerant.	20-30"			24"
	Lavender Dilly Dilly / <i>Lavandula x intermedia</i> 'Dilly Dilly'	Perennial. Vigorous and long flowering. Needs full sun and loose, slightly alkaline, well-draining soil. Space well for good air circulation. Avoid overwatering. With excessive rain, lavenders can be covered by a roomy bucket or similar, propped for air circulation. Uncover after rain. Makes a showy edging. Minimal culinary use. Use for cut flowers and scent. Attractive to bees and butterflies. Drought tolerant.	20-30"			24"
	Lavender Fernleaf / <i>Lavandula pinnata</i>	Perennial. Prolific non-stop blue-violet blooms. Silver gray foliage is velvety (probably deer resistant). Spreads wide. Needs full sun and loose, slightly alkaline, well-draining soil. Space well for good air circulation. Avoid overwatering. With excessive rain, lavenders can be covered by a roomy bucket or similar, propped for air circulation. Uncover after rain. Scent not as strong in this lavender but more ornamental. Bee and hummingbird attractant.	24-36"		+	24-48"
	Lavender Ruffles Boysenberry / <i>Lavandula stoechas</i>	Perennial. Flowers early; repeat bloomer. Needs full sun and loose, slightly alkaline, well-draining soil. Space well for good air circulation. Avoid overwatering. With excessive rain, lavenders can be covered with a roomy bucket or similar, propped for air circulation. Uncover after rain. Use for perfumes, potpourri, and cutting. Bee and butterfly magnet. Drought tolerant. Spanish lavenders ( <i>L. stoechas</i> ) are more heat and humidity resistant than some other lavenders.	24"		+	24"
	Lemon Verbena / <i>Aloysia triphylla</i>	Perennial. Prefers full sun but will adapt to light shade. Soil should be loose, well-draining and near neutral. Can become leggy so protect from strong wind. Sweet lemony flavor is considered the best lemon flavor of all the lemon herbs (especially flavorful at time of flowering). Can be used in tea, steeped in milk, to flavor ice cream and pudding, salad dressings, and marinades. High salt tolerance, some drought tolerance, excellent heat/humidity tolerance. Frost tender.	36-72"	+	+	
	Marjoram— Sweet / <i>Origanum majorana</i>	Perennial. Forms a dense mound; small white flowers. Although it will live in a wide pH range, it does best in slightly alkaline soil which is well-draining. Full sun. Leaves used fresh or dried in beef, poultry and soups. Also attractive as border planting. Aroma and flavor are more delicate than in closely related oregano.	12-24"		+	6-12"
	Mint Kentucky Colonel / <i>Mentha spicata</i> 'Kentucky Colonel'	Perennial spearmint variety; official mint of the Mint Julep. Pinkish white flowers. Needs moist soil and prefers part shade over full sun. May grow profusely, even in shade. Keep in container to control spread, and cut out portions to transplant to another pot if it chokes itself out. Use in drinks, mint sauce and mint jellies. Will overwinter here. Heat, humidity and salt tolerant.	24-30"	+	+	12"



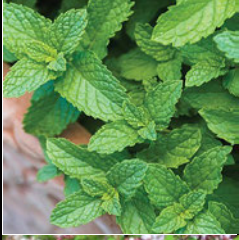




IMAGE	NAME	CARE & USE	HEIGHT (INCHES)	SHADE TOLERANCE	HEAT TOLERANCE	SPACING IN INCHES
	Mint Mojito / Mentha x villosa	Mounding perennial. Choice mint for Mojito's. Needs moist soil and prefers part shade over full sun. May grow profusely even in shade. Keep in container to control spread, and cut out portions to transplant to another pot if it chokes itself out. Use in drinks, tea, mint jelly and marinades, and use the scented oil for salves. Will overwinter here. Heat, humidity and salt tolerant.	32"	+	+	12"
	Mint Peppermint / Mentha x piperita	Perennial. Forms large dense mound. Needs moist soil and prefers part shade over full sun. May grow profusely, even in shade. Keep in container to control spread, and cut out portions to transplant to another pot if it chokes itself out. Use the peppermint flavor of its leaves and flowering tops in candies, jellies, teas and fragrance. Will overwinter here. Heat, humidity and salt tolerant.	12-24"	+	+	12"
	Mint Spearmint / Mentha spicata	Dense mounding perennial. Needs moist soil and prefers part shade over full sun. May grow profusely, even in shade. Keep in container to control spread, and cut out portions to transplant to another pot if it chokes itself out. The spearmint flavor is used in lamb sauce and julep. Use leaves and flowering tops. Will overwinter here. Heat, humidity and salt tolerant.	18-24"	+	+	12"
	Oregano Compactum / Origanum vulgare 'Compactum'	Dwarf creeping perennial. Needs full sun and well draining neutral to slightly alkaline soil. Best with regular watering but drought tolerant. Use as a ground cover, or use the intense spicy flavor in Italian dishes. Cut tender tops just before flowering to promote a second harvest. Flavor best at that time too. Unlike most herbs, dried leaves are more intense in flavor than fresh. Fairly heat and cold tolerant.	6"		+	12"
	Oregano Greek / Origanum heracleoticum	Dense mounding perennial. Small white flowers. Needs full sun and well draining neutral to slightly alkaline soil. Best with regular watering but drought tolerant. Use the robust flavor in Greek food; makes a calming tea. Cut tender tops just before flowering to promote a second harvest. Flavor is best at that time too. Unlike most herbs, dried leaves are more intense in flavor than fresh. Fairly heat and cold tolerant.	12"		+	12-18"
	Oregano Hot & Spicy / Origanum vulgare 'Hot & Spicy'	Perennial. Small light pink flowers. Needs full sun and well draining neutral to slightly alkaline soil. Best with regular watering but drought tolerant. Intensely strong, spicy flavor, is great in hot sauces, chili dishes, or Italian dishes. Cut tender tops just before flowering to promote a second harvest. Flavor is best at that time too. Unlike most herbs, dried leaves are more intense in flavor than fresh. Fairly heat and cold tolerant.	20"		+	18"
	Oregano Italian / Origanum vulgare	Perennial. Forms attractive mounds of trailing branches; tiny rose pink flowers. Needs full sun and well draining neutral to slightly alkaline soil. Best with regular watering but drought tolerant. Makes a neat border. Sometimes called marjoram but flavor is more robust. Use leaves dried (more intense flavor) or fresh in Italian cooking. Cut tender tops just before flowering to promote a second harvest; flavor best then too. Fairly heat and cold tolerant.	12-16"		+	12"










IMAGE	NAME	CARE & USE	HEIGHT (INCHES)	SHADE TOLERANCE	HEAT TOLERANCE	SPACING IN INCHES
	Parsley - Curly / Pe-troselinum crispum crispum	Biennial grown as annual. Best in full sun but can get by on less than 6 hours of sun. Keep soil moist but well draining. Use in tomato based dishes and as garnish. Considered more ornamental than plain leaf parsley. Cut stems from the bottom or harvest outer leaves as needed, to promote new growth. Harvest as soon as it gets 3 to 4 inches tall and anytime after.	12"	+		12"
	Parsley - Plain / Pe-troselinum crispum	Biennial grown as annual. Best in full sun but can get by on less than 6 hours of sun. Keep soil moist but well draining. Use fresh or dried in soups, stews, salads and as garnish. Milder flavor than curly parsley. To harvest, cut stems from the bottom or leaves from the outside to promote new growth. Can live as a houseplant in bright window.	18"	+		12"
	Patchouli / Pogostemon patchouli	Perennial. Bushy form with erect stems and small pale pink flowers. Likes fertile, well draining slightly acid soil and full sun. Grows in warm, damp climates. Mostly used medicinally and for the scent. Essential oil is used to make perfumes and India ink.	12-15"		+	20"
	Rosemary Arp/ Rosmarinus officinalis 'Arp'	Upright evergreen perennial. Easy and tough. Spikes of blue flowers. Best in slightly moist, well draining soil and full sun. Avoid overwatering. Can be planted even in summer. Good for grilling, for flavoring stews, meats, breads, and vegetables, and to make herbal butters, sachets and perfumes. Harvest by snipping off tips but take no more than 15% of the plant at one time. Moderate salt tolerance. Arp is one of the most cold-hardy types of Rosemary.	24-36"		+	24"
	Rosemary Barbeque / Rosmarinus officinalis 'Barbeque'	Extremely upright evergreen perennial. Easy and tough. Light blue blooms. Best in slightly moist, well draining soil and full sun. Avoid overwatering. Can be planted even in summer. Great for topiary, and the long stems can be used as skewers to barbeque. Harvest by snipping off tips but take no more than 15% of the plant at one time. Moderate salt tolerance.	30-42"		+	24"
	Rosemary Prostrate / Rosmarinus officinalis 'Prostrata'	Low growing shrubby evergreen perennial. Easy and tough. Pale blue flowers. Best in slightly moist, well draining soil and full sun. Avoid overwatering. Can be planted even in summer. Use in stuffing and roasted meats like any other rosemary. Also use in hanging baskets and as a ground cover which can spread over several square feet. Harvest by snipping off tips but take no more than 15% of the plant at one time. Moderate salt tolerance.	6-8"		+	24"
	Rosemary Tuscan Blue / Rosmarinus officinalis 'Tuscan Blue'	Upright evergreen perennial. Easy and tough. Dark blue flowers, heavy bloomer. Best in slightly moist, well draining soil and full sun. Avoid overwatering. Can be planted even in summer. Tasty in stews, herbal butters, and vinegars and useful in perennial borders. Harvest by snipping off tips but take no more than 15% of the plant at one time. Moderate salt tolerance.	48-72"		+	24"





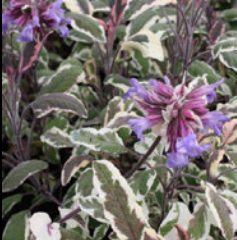







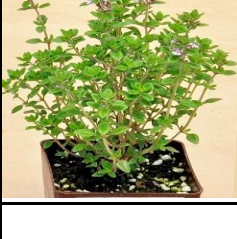
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	Rosemary Upright / Rosmarinus officinalis	Upright to semi-prostrate evergreen perennial. Easy and tough. Pink flowers bloom almost continuously late spring to fall. Best in slightly moist, well draining soil and full sun. Can be pruned to allow select branches to weep. Can be planted even in summer. Harvest by snipping sprigs, but take no more than 15% of the plant at one time. Moderate salt tolerance.	36-48"		+	24"
	Sage Berggarten / Salvia officinalis 'Berggarten	Slightly rounded hardy evergreen perennial. Large leaves and light blue flowers. Requires well draining, slightly moist soil and full sun. Use in stuffing, meat dishes and can be fried as an edible garnish. Tolerates heat but is considered a cool weather herb too. Sages in general may be a little difficult to start, but will grow well once established.	24"		+	18"
	Sage Golden / Salvia officinalis 'Icterina'	Round, mounding evergreen perennial, Chartreuse leaves with gold margins and spikes of lilac blue flowers. Quite showy. Requires well draining, slightly moist soil and full sun. Use as a garnish or in teas. Tolerates heat but is considered a cool weather herb too.	18"		+	18"
	Sage Purple / Salvia officinalis 'Purpurea'	Round, mounding evergreen perennial. Leaves tinged with purple. Requires well draining, slightly moist soil and full sun. Use in anything you would use common sage - stuffing, sausages, soups, and stews. Occasional flowers attract hummingbirds and bees. Tolerates heat but is considered a cool weather herb too.	24"		+	18"
	Sage Tricolor / Salvia officinalis 'Tricolor'	Round, mounding evergreen perennial. White, purple and green variegated leaves. Doesn't bloom often but leaves are very ornamental. Requires well draining, slightly moist soil and full sun. Goes well in teas, sausage and stuffing. Attracts bees, birds and butterflies. Tolerates heat but is considered a cool weather herb too.	24"		+	18"
	Savory Winter / Satureja montana	Semi evergreen shrubby perennial. Woody but weak stemmed. White or purple flowers. Requires moist, well draining soil and full sun. Use in soups, stews, sauces, stuffing, bean dishes and tea. Also makes a good salt and pepper substitute. Attracts beneficial pollinators.	12"			12-18"
	Stevia / Stevia rebaudiana	Perennial but frost tender. Adaptable but best in moist, well draining sandy acidic soil. Don't allow it to dry out. Full sun but benefits from midday shade. Not noticeably attractive to use as an ornamental. Leaves have intense sweet flavor and can be used as a sugar substitute anywhere that calls for sugar. It supplies no calories. Don't allow it to flower before harvesting. Harvest early morning.	10- 12"	+		18-20"

IMAGE	NAME	CARE & USE	HEIGHT (INCHES)	SHADE TOLERANCE	HEAT TOLERANCE	SPACING IN INCHES
	Tarragon 4 Seasons / Tagetes lucida '4 Seasons Tarragon'	Upright perennial. Grows in broad range of soil types with regular water and full sun. Delicate anise flavor is good with most meats, fish, vegetables, rice, pasta and dessert dishes. In comparison to true tarragon, this marigold is hardier, more showy, has better heat tolerance and is nearly equal in flavor. Use like French tarragon. Can be planted even in summer. Also called Mexican tarragon.	30"		+	18-24"
	Tarragon French / Artemisia dracunculoides	Upright mounding perennial. Needs very well draining, slightly acid soil and full sun, but benefits from midday shade in the heat. It doesn't like heat and humidity. Somewhat drought tolerant. Subtle licorice aroma and flavor is used fresh or dried. Used in fines herbes and vinegar.	24-36"			12"
	Thyme English / Thymus vulgaris	Mounding evergreen perennial. Lilac purple flowers in summer. Needs well draining slightly moist alkaline soil and full sun. Replant every 3-4 years. Useful as a groundcover. This is the most popular culinary thyme. Use for soups, casseroles, stuffing, lamb, and beef. Mainly used dried - harvest top 1/3 of plant when in full bloom. Likes it cooler. Drought tolerant. Very cold tolerant.	12"			12"
	Thyme French / Thymus vulgaris	Evergreen perennial with mounding habit and cascading stems. Lilac purple flowers. Needs well draining slightly moist alkaline soil and full sun. Replant every 3-4 years. Slightly milder than English Thyme. Essential to French cooking, ragu, meats, seafood, vegetables, sauces, and also used as a preservative. Honey bees love the flowers. Mainly used dried - harvest top 1/3 of plant when in full bloom. Likes it cooler. Drought tolerant. Very cold tolerant.	12"			12"
	Thyme Golden Variegated / Thymus citriodorus variegata	Evergreen perennial spreads wider than height. Pink flowers. Needs well draining, slightly moist alkaline soil and full sun to part shade. Replant every 3-4 years. Good groundcover. Lemon flavor. Use in fruit salads and summer dishes. Mainly used dried - harvest top 1/3 of plant when in full bloom. Likes it cooler. Very cold tolerant.	12"	+		15"
	Thyme Lemon / Thymus citriodorus	Upright evergreen perennial. Bright green leaves. Lavender blooms. Will take light foot traffic. Needs well draining, slightly moist alkaline soil and full sun. Refreshing lemon scent and flavor. Lemon thyme is particularly good with fish and chicken. Not grown from seed. Replant every 3-4 years. Mainly used dried -harvest top 1/3 of plant when in full bloom. More tolerance for heat and humidity than some varieties. Very cold tolerant.	9-12"		+	12"